

**ΥΠΟΥΡΓΕΙΟ ΠΑΙΔΕΙΑΣ ΚΑΙ ΠΟΛΙΤΙΣΜΟΥ**  
**ΔΙΕΥΘΥΝΣΗ ΑΝΩΤΕΡΗΣ ΚΑΙ ΑΝΩΤΑΤΗΣ ΕΚΠΑΙΔΕΥΣΗΣ**  
**ΥΠΗΡΕΣΙΑ ΕΞΕΤΑΣΕΩΝ**

**ΠΑΓΚΥΠΡΙΕΣ ΕΞΕΤΑΣΕΙΣ 2017**

**ΜΑΘΗΜΑ: ΑΓΓΛΙΚΑ**

**ΗΜΕΡΟΜΗΝΙΑ: 06/06/2017**

**ΩΡΑ: 8:00 - 11:15**

**ΤΟ ΔΟΚΙΜΙΟ ΑΠΟΤΕΛΕΙΤΑΙ ΑΠΟ ΕΠΤΑ (7) ΣΕΛΙΔΕΣ**  
**Να απαντήσετε σε όλα τα ερωτήματα.**  
**Πριν από κάθε απάντηση να σημειώσετε τα στοιχεία της ερώτησης.**  
**ΟΛΕΣ ΟΙ ΑΠΑΝΤΗΣΕΙΣ ΝΑ ΓΡΑΦΟΥΝ ΣΤΟ ΤΕΤΡΑΔΙΟ ΑΠΑΝΤΗΣΕΩΝ**

## PART II: WRITING SKILLS

(30 MARKS)

Write a composition between 250 and 300 words on the following topic.

Nowadays, more and more young people are moving to big cities. Write an article for a youth magazine discussing not only the benefits but also the drawbacks of city life.



## PART III: READING SKILLS

(30 MARKS)

Read the text below and do ALL the exercises that follow.

### The Psychological Impact of Immigration



Moving to a new country is definitely not easy. However, many people do it, and many countries have been built on the back of immigrants. In fact, the stress of the move and adjustment to the new country, as well as the loss of so much from the old, can lead to anxiety, depression and other psychological problems amongst immigrants.

Par. 1

#### Grief

Often, the hardest thing for new immigrants to cope with is the loss of family and friends. This can cause an empty longing that remains hard to relieve and leads to depression. In families, it is often those who were the least enthusiastic about the move that feel the most pain, and the sense of powerlessness over their life can worsen their grief. Telephone and internet calls can lessen the pain, but they cannot replace the touch and smell of loved ones.

#### Language

Language barriers frequently add to the difficulties of new immigrants. Even people who speak English as a first language can often struggle to have their accent understood, and vice versa. Language problems can create obstacles to social and professional integration, increase stress, and reduce self-esteem.

## **Culture**

Cultural differences can have a huge impact on immigrants and unavoidably cause mental stress. For example, immigrants might feel that they stand out uncomfortably because of the way they dress. Moreover, they might not have easy access to an appropriate place of worship, and they might have to go to work during important holy days and festivals. They might also find that the things they did in their homeland are taboo or illegal in the new country.

## **Work**

One of the most difficult aspects of immigration is finding work. Qualifications are too often not transferable, so people with high-level qualifications and years of experience at management and professional levels can find themselves being forced to clean toilets or drive taxis to feed their families.

## **Everyday Things**

New countries take a lot of getting used to. Everyday things that we need to know, such as mobile phone contracts, road rules, tax laws, electricity connections, bank accounts and rubbish recycling procedures, can puzzle even long-term locals. These things are especially challenging for newcomers, particularly when language barriers are added.

## **Age**

Elderly immigrants tend to be socially isolated. In general, they find it harder to learn a new language and are less flexible in their ways than their younger counterparts. If older immigrants have retired, or are not able or willing to get a job, they will tend to be less interactive with the local population.

## **Children**

Children pick up the lifestyles and languages of their peers relatively quickly, but, for them, it can feel like living between two worlds with different languages, cultures and values. Because of their superior language skills, children are often called on to be interpreters for their elders in all sorts of situations, which can confuse roles and add to stress. Having to tell a doctor the details of a parent's health concern is not easy for a young person.

## **Impact on Family Members**

All of this can take its toll on new immigrants and their families, creating symptoms of depression, anxiety, stress or other mental health issues. Indeed, one family member might develop psychological problems that can impact the whole family. Children are particularly vulnerable in this regard.

*Adapted from:* <http://lorricraig.com/psychologist/general-psychology/migrants-the-psychology-of-immigration>

**A. Choose the best alternative a, b, c or d according to the text. (5x2=10 marks)**

**1. What does the writer mean when she says that “many countries have been built on the back of immigrants” in paragraph 1?**

- a. Many countries have been built by immigrants.
- b. Many countries have declined because of immigrants.
- c. Many countries have developed by taking advantage of immigrants.
- d. Many countries developed before the arrival of immigrants.

**2. The immigrants experiencing the most sadness when coming to a new country are those who \_\_\_\_\_**

- a. were really excited about the move.
- b. cannot see their friends any more.
- c. were not very keen on moving.
- d. cannot make phone calls to their loved ones.

**3. Which statement best summarises the main idea in paragraph 4?**

- a. The way immigrants dress might make them feel uncomfortable.
- b. Immigrants might find it difficult to attend religious practices.
- c. Some of the immigrants’ traditions might be against the law in the host country.
- d. Cultural differences can cause psychological problems to immigrants.

**4. Immigrants end up doing low-level jobs because \_\_\_\_\_**

- a. their skills and qualifications cannot be used in the new country.
- b. they do not have any qualifications.
- c. their work experience is inadequate.
- d. they do not have any managerial skills.

**5. Social isolation for elderly immigrants is NOT a result of their \_\_\_\_\_**

- a. inability to speak the local language well enough.
- b. eagerness to interact with locals.
- c. inability to find a job.
- d. unwillingness to change their habits.

**B. Answer the following questions according to the passage. (2x3=6 marks)**

1. Name three (3) things immigrants might find confusing on an everyday basis in their new country.
2. Why is it particularly challenging for children to be called on to act as interpreters for their elders? Give an example.

**C. Extended Writing (8 marks)**

Using information from the passage, mention four reasons why immigrants might suffer psychologically.

In your opinion, how can locals help immigrants adjust easier to their new life?

**Write between 80 and 100 words.**

**D. Match the words in column A, underlined in the text, with the words in column B according to their meaning in the text. There are two extra words.**

**(6x1= 6 marks)**

<b>A</b>	<b>B</b>
1. anxiety	a. ease
2. relieve	b. unprotected
3. replace	c. increase
4. obstacles	d. distress
5. flexible	e. difficulties
6. vulnerable	f. substitute
	g. adaptable
	h. similarities

**PART IV: USE OF ENGLISH**

**(20 MARKS)**

**A. Using the word given, complete the second sentence so that it has a similar meaning to the first one. Do not change the word given. (5x1=5 marks)**

1. You will fail if you don't work hard. **unless**  
You will fail \_\_\_\_\_ hard.
  
2. The traffic warden will give you a ticket if you park there. **be**  
You \_\_\_\_\_ a ticket if you park there.
  
3. He managed to pass the test. **succeeded**  
He \_\_\_\_\_ the test.
  
4. It's a pity you are not here. **wish**  
I \_\_\_\_\_ here.
  
5. She said modern technology makes people lazy. **blamed**  
She \_\_\_\_\_ people lazy.

**B. Read the text and complete the blanks with the correct form of the words in capitals. (10x1=10 marks)**

**Exercise Pill to Replace Working Out**



For those who cannot exercise, the benefits of 1. \_\_\_\_\_ **(FIT)** training could be delivered in a tablet. The prospect of an “exercise pill” might be music to the ears of couch potatoes, long-distance truck drivers and stressed-out office workers. However, 2. \_\_\_\_\_ **(RESEARCH)** believe it could transform the lives of people who are unable to exercise because of being overweight or suffering from serious physical 3. \_\_\_\_\_ **(ABILITIES)**. Hopes for such a pill emerged on Tuesday from scientists who found that an 4. \_\_\_\_\_ **(EXPERIMENT)** drug allowed mice to run on a treadmill for 270 minutes before exhaustion set in. Mice that went without the drug lasted only 160 minutes before reaching their physical limit. Scientists found that the 5. \_\_\_\_\_ **(ENDURE)** boost was accompanied by other apparent health benefits. For example, mice that had the

drug for eight weeks put on less **6.** \_\_\_\_\_ (**WEIGH**) and had a better control of their blood sugar levels, suggesting a pill might also help people with diabetes.

However, a professor of chemical biology at a British university who was not involved in the latest study said that, although the **7.** \_\_\_\_\_ (**DISCOVER**) is promising as it can help people suffering from obesity, any “exercise pill” that scientists develop could **8.** \_\_\_\_\_ (**POTENTIAL**) be abused not only by athletes but also by horse trainers and others. He is also not convinced that an exercise pill will arrive any time soon. Other pharmacologists who have studied the drug are also **9.** \_\_\_\_\_ (**DOUBT**). Even though an exercise pill might have benefits at low doses, it can have bad side-effects at high doses. “It goes from being **10.** \_\_\_\_\_ (**REMARKABLE**) healthy to being the complete opposite, so there’s no in-between,” she said. Nevertheless, scientists agree the drug is a good “starting block” which will help them find new ways to treat patients.

Source: <https://www.theguardian.com/science/2017/may/02/exercise-pill-could-deliver-benefits-of-fitness-in-tablet-form>

**C. Fill in the blanks with only ONE word.**

**(10x0.5=5 marks)**

### **Smelling Rosemary Can Help Students With Exams**



According to a new study, the smell of rosemary could enhance the memory of students which can help **1.** \_\_\_\_\_ with their upcoming exams. The research conducted **2.** \_\_\_\_\_ Dr. Moss, a university professor, found that students working in a room with the aroma of rosemary, in the form of an essential oil, achieved five to seven percent better results **3.** \_\_\_\_\_ memory tests. Dr. Moss says the study supports traditional beliefs about rosemary being associated **4.** \_\_\_\_\_ memory. The study to be presented this week **5.** \_\_\_\_\_ the annual conference of the British Psychological Society will back the “received wisdom” that rosemary can assist memory.

In the tests, 40 students aged 10 and 11 carried **6.** \_\_\_\_\_ a number of memory tests in a room filled with the aroma of rosemary. The students, however, were unaware that they were taking **7.** \_\_\_\_\_ in a memory test related to smell.

This small-scale test followed up earlier research on adults which had suggested a link **8.** \_\_\_\_\_ rosemary and memory. Dr. Moss said it confirmed that children, as **9.** \_\_\_\_\_ as adults, seemed to be influenced. Nonetheless, he said there was variability in the level **10.** \_\_\_\_\_ impact, and some people did not seem to respond at all.

Source: <https://www.educationbusinessuk.net/news/03052017/smelling-rosemary-can-help-students-exam-revision>

— END OF EXAMINATION —