

ΥΠΟΥΡΓΕΙΟ ΠΑΙΔΕΙΑΣ ΚΑΙ ΠΟΛΙΤΙΣΜΟΥ  
ΔΙΕΥΘΥΝΣΗ ΑΝΩΤΕΡΗΣ ΚΑΙ ΑΝΩΤΑΤΗΣ ΕΚΠΑΙΔΕΥΣΗΣ  
ΥΠΗΡΕΣΙΑ ΕΞΕΤΑΣΕΩΝ

ΠΑΓΚΥΠΡΙΕΣ ΕΞΕΤΑΣΕΙΣ 2008

Μάθημα: ΑΓΓΛΙΚΑ (Ξενοδοχειακά)

Ημερομηνία & Ώρα Εξέτασης: Τετάρτη 28 Μαΐου 2008  
7.30 π.μ. - 10.45 π.μ.

ΤΟ ΕΞΕΤΑΣΤΙΚΟ ΔΟΚΙΜΙΟ ΑΠΟΤΕΛΕΙΤΑΙ ΑΠΟ ΤΕΣΣΕΡΕΙΣ (4) ΣΕΛΙΔΕΣ

Να απαντήσετε σε όλα τα ερωτήματα.

SECTION I: COMPOSITION

(25 MARKS)

Write about 150 - 200 words on the following topic:

Suggest three (3) ways in which the staff can make a tourist's stay at a hotel pleasant.

SECTION II: READING COMPREHENSION

(30 MARKS)

Read the passage below and answer the questions that follow it:

**Fast Food: Healthy or Unhealthy?**

Britain's high consumption of fast food has been attributed to the fact that people are often too busy to follow a proper, balanced diet. Nutritionists say the figures are worrying and warn that while occasionally eating fast food is not harmful, a high fat diet can increase the likelihood of heart disease.

The report is based on the findings of a survey carried out at several well known fast food chains. One thousand people aged 13 to 65 were asked a number of questions concerning their eating habits, and the restaurant managers were asked about healthy eating choices available at their restaurants.

On average, people buy food around twice a week from fast food restaurants. However, teenagers eat out more often. The majority of teenagers eat at fast food restaurants approximately three times each week. The survey also showed that teenagers made up almost two thirds of the customers of pizza and burger restaurants, over half of the customers of chicken restaurants, and around four in every ten of the customers of fish and chip shops. None of the teenagers interviewed said that they did not like a particular kind of fast food.

A small number of customers at the fast food restaurants visited were over the age of fifty - approximately 5%. The majority of these interviewees claimed to be eating at the restaurant in question because they were with younger people, mainly grandchildren. Unfortunately, neither the teenagers nor the older people seemed to be aware of the dangers of eating fast food on a regular basis.

The managers were more than willing to supply healthy options from their menus. They all agreed that it is important to offer people some help in identifying them. The main advantage of all the healthy dishes suggested below is that they have less fat.

The amount of fat contained in a burger partly depends on how it is cooked. Grilled burgers are reasonably lean, as opposed to burgers fried on a griddle. The manager also suggested that customers interested in eating a healthy meal should choose a burger with plenty of salad.

The manager of the chicken food chain stated that both grilled and oven cooked chicken, especially skinless chicken, are healthier choices than coated, deep fried chicken because they absorb less fat.

Although fish can be healthy, when it is fried in batter it can contain a lot of fat. However, the manager claims that their fish is fried in unsaturated oil at the right temperature, so it contains less fat than the fish sold at other fish and chip shops.

In conclusion, although the figures are worrying, it is reassuring to know that there are healthier options for people who eat fast food.

**A. Answer the following questions according to the information in the passage: (6 x 2 = 12 marks)**

1. Which two (2) groups of people took part in the survey?
2. What kind of food do teenagers eat? Give four (4) examples.
3. Why do people over 50 usually go to fast food restaurants?
4. Are people generally aware of the dangers of eating fast food very often?
5. How can you make fast food healthy?
6. In what two (2) ways can burgers be made healthy?

**B. Choose the best answer a, b or c according to the passage: (5 x 3 = 15 marks)**

1. Nutritionists believe that eating .....
  - a. any fast food is bad for your health.
  - b. some fast food is good for your health.
  - c. too much fast food can cause health problems.
2. According to the survey ..... eat fast food approximately three times a week.
  - a. more than half of the teenagers
  - b. less than half of the teenagers
  - c. all teenagers

3. The restaurant managers believe they should .....
  - a. show customers their menus.
  - b. show customers healthy alternatives.
  - c. supply customers with healthy menus.
  
4. According to the manager of the chicken food chain, ..... chicken is the least healthy.
  - a. grilled
  - b. deep fried
  - c. oven cooked
  
5. Fish can be healthy if it is fried in ..... at the right temperature.
  - a. unsaturated oil
  - b. saturated oil
  - c. butter

**C. Find words in the passage which mean the same or almost the same as the following: (3 x 1 = 3 marks)**

1. a place where you can eat a meal =
2. people eating at a restaurant =
3. choices =

**SECTION III: USE OF ENGLISH**

**(25 MARKS)**

**A. Rewrite the following sentences without changing the meaning. The beginning is given to you: (5 x 2 = 10 marks)**

1. The guest said: 'I need to see the manager at once.'  
The guest said that .....
  
2. The chef said: 'Don't leave the work surfaces dirty, Emma.'  
The chef told Emma .....
  
3. What a pity I don't know more about wines.  
I wish .....
  
4. The receptionist asked: 'Are you interested in history, madam?'  
The receptionist asked her if .....
  
5. They serve exotic cocktails here.  
Exotic cocktails .....

**B. Read the following recipe and choose ONE appropriate word from the words in brackets to fill in the blanks: (10 x 1 = 10 marks)**

### **Gazpacho**

**(A typically Spanish soup, served well chilled, accompanied by a selection of fresh vegetables)**

Firstly, cut a small cross in the top of each of the ripe tomatoes, and plunge into a bowl of 1. .... (**boiling / chilling / frying**) water for a few seconds. Carefully 2. .... (**slice / peel / grain**) the skin away from the blanched tomatoes. Discard the skin and roughly 3. .... (**squeeze / dash / chop**) the tomatoes, removing the tough stalk. Then put the roughly chopped tomatoes into a liquidiser or 4. .... (**food / sauce / liquid**) processor, along with the onion, pepper and cucumber. 5. .... (**Boil / Blend / Mix**) until finely chopped. After that put the chopped vegetables into a 6. .... (**plate / pan / bowl**) with the breadcrumbs, garlic, vinegar and tomato juice. 7. .... (**Mix / Bake / Fry**) well to blend evenly and allow to stand for 15 minutes. 8. .... (**Rub / Season / Drop**) the tomato soup thoroughly, then push through a fine meshed sieve using the back of a wooden spoon and working well to 9. .... (**push / put / press**) all the vegetables through, but keeping the pips out of the resulting purée. Finally, chill the soup well before 10. .... (**serving / servicing / offering**), surrounded by bowls containing the accompaniments.

**C. Complete the following passage by using the correct form of the words in brackets. (10 x 0,5 = 5 marks)**

### **A successful restaurant owner**

Mr. Cook is an 1. .... (**EXPERIENCE**) restaurant owner. He has set up a 2. .... (**PROFIT**) business because he offers customers what they want. His chef can prepare not only 3. .... (**TRADITION**) but international dishes as well. Everything is fresh and extremely 4. .... (**TASTE**) and the prices are very 5. .... (**REASON**). The waiters are all 6. .... (**FRIEND**) and willing to make helpful 7. .... (**SUGGEST**) to customers who feel 8. .... (**COMFORT**) in this pleasant atmosphere. Their eating experience is 9. .... (**ENJOY**), so it is not surprising that they 10. .... (**STRONG**) recommend Mr. Cook's place to others.

- ΤΕΛΟΣ ΕΞΕΤΑΣΗΣ -