

ΥΠΟΥΡΓΕΙΟ ΠΑΙΔΕΙΑΣ ΚΑΙ ΠΟΛΙΤΙΣΜΟΥ
ΔΙΕΥΘΥΝΣΗ ΑΝΩΤΕΡΗΣ ΚΑΙ ΑΝΩΤΑΤΗΣ ΕΚΠΑΙΔΕΥΣΗΣ
ΥΠΗΡΕΣΙΑ ΕΞΕΤΑΣΕΩΝ
ΠΑΓΚΥΠΡΙΕΣ ΕΞΕΤΑΣΕΙΣ 2013

Μάθημα: ΑΓΓΛΙΚΑ

Ημερομηνία και ώρα εξέτασης: Πέμπτη, 23 Μαΐου 2013

7.30 π.μ. – 10.45 π.μ.

ΤΟ ΔΟΚΙΜΙΟ ΑΠΟΤΕΛΕΙΤΑΙ ΑΠΟ 7 ΣΕΛΙΔΕΣ

Να απαντήσετε σε όλα τα ερωτήματα.

Πριν από κάθε απάντηση να σημειώσετε τα στοιχεία της ερώτησης.

ΟΛΕΣ ΟΙ ΑΠΑΝΤΗΣΕΙΣ ΝΑ ΓΡΑΦΟΥΝ ΣΤΟ ΤΕΤΡΑΔΙΟ ΑΠΑΝΤΗΣΕΩΝ

PART I: WRITING SKILLS

(30 MARKS)

Write a composition of about 250 – 300 words on the following topic.



You are a member of your school's environmental group. Write an article for the school magazine encouraging the students to use bicycles or public transportation to come to school. Refer to the advantages of using a bicycle or a bus. Are there any disadvantages?



PART II: READING SKILLS

(30 MARKS)

Read the text below and do ALL the exercises that follow.



The Therapeutic Benefits of Pets

Professionally trained helper animals—guide dogs for the blind, for example—offer obvious benefits to us humans. However, the average domestic pet, such as a dog, cat, rabbit, or even a goldfish, can also provide us with many therapeutic benefits. Pets can **ease** our stress, promote

social interaction, encourage exercise and playfulness, and provide us with unconditional love and affection. People who have pets tend to be happier, more independent, and more secure.

(par. 1)

While most pet owners are clear about the immediate joys that come with sharing their lives with companion animals, many remain unaware of the physical and mental health benefits that can also accompany the pleasure of playing with or snuggling up to a furry friend. It's only recently that studies have begun to scientifically explore the benefits of the human-animal bond. Studies have found that pet owners are less likely to suffer from depression, have lower blood pressure in stressful situations, and keep lower triglyceride and cholesterol levels than those without pets. Furthermore, pet owners over 65 years old make 30 percent fewer visits to their doctors, and heart attack patients with pets survive longer.

(par. 2)

One of the reasons for these therapeutic effects is that most pets fulfill the basic human need to touch. Even hardened, imprisoned criminals, many of them experiencing mutual affection for the first time, have shown long-term changes in their behavior after interacting with pets. Stroking, holding, cuddling, or even touching a loving animal can rapidly calm and soothe us when we're stressed.

(par. 3)

The companionship of a pet can also ease loneliness, and some pets are a great stimulus for healthy exercise, which can substantially **boost** your mood. Exercise doesn't have to involve boring repetition at a gym. One of the most entertaining activities for many dogs is throw-and-fetch a toy ball. Five or ten minutes of hill climbing is also a great workout. Hiking with your dog on nature trails or simply taking it for a walk are fun ways to fit healthy daily exercise into your schedule. Isolation and loneliness can worsen psychological disorders such as depression. Caring for a living animal can make you feel needed and wanted and take the focus away from your problems. Pets can be a great social lubricant for their owners. Dog owners frequently stop and talk to each other on walks or in dog parks and meet new people in pet stores.

(par. 4)



Undoubtedly, pet ownership also comes with many responsibilities, and should not be undertaken lightly. To enjoy a healthy, nurturing relationship with a pet and experience the many therapeutic benefits a domestic animal can offer, you should choose a pet that's right for your lifestyle. You'll mostly benefit from having a pet whose needs are **compatible** with your lifestyle and physical capabilities. Finally, and perhaps most importantly, keep in mind that you'll be making a commitment that will last for the lifetime of your pet.

(par. 5)

Adapted from: <http://www.helpguide.org/life/pets.htm>

A. In which paragraph does the writer . . .

(5x1=5 marks)

A1. refer to the elderly battling illnesses and other symptoms of old age?

Paragraph _____

A2. make a general statement to present his opinion on pet ownership?

Paragraph _____

A3. refer to the improvement of social contacts for pet owners living alone?

Paragraph _____

A4. explain the special bond that can occur between prisoners and animals?

Paragraph _____

A5. refer to considerations before choosing a pet that suits you?

Paragraph _____

B. Choose the best alternative a, b, c or d according to the text.

(7x2=14 marks)

1. The main idea of this article is that

(par. 1)

- a. domestic animals do not require time and attention.
- b. pet maintenance expenses can be very high.
- c. pets can make you happier and healthier.
- d. interaction with a pet can develop aggressive behavior.

2. The therapeutic benefits of the human-animal relation have been

(par. 2)

- a. unknown to researchers until recently.
- b. familiar to the scientific world for a long time.
- c. known to everybody.
- d. common knowledge among all pet owners.

3. Owning a pet (par. 2)

- a. is a miracle cure for every mental disorder.
- b. may shorten the lifespan of people with heart problems.
- c. may be beneficial and comforting for those under stressful situations.
- d. can help people stay alert and attentive throughout the day.

4. Pets can also (par. 4)

- a. help their owners make healthy lifestyle changes.
- b. isolate their owners from friends.
- c. perform tricks to entertain children.
- d. act as doctor substitutes.

5. According to the article, dogs are a great way (par. 4)

- a. for people to spark up conversations and meet new acquaintances.
- b. to stimulate a lonely person's imagination and curiosity.
- c. to keep people confined to their houses.
- d. to help blind people take their minds off their problems.

6. Before adopting a pet, you should seek advice on (par. 5)

- a. taking medication for high-blood pressure.
- b. training your pet.
- c. enhancing animal-assisted therapy.
- d. determining what type of pet is suitable for you.

7. When you adopt an animal, you (par. 5)

- a. will be training it for a lifetime.
- b. take responsibility for its welfare for the rest of its life.
- c. will not be required to supervise it.
- d. will not have to visit your doctor.

C. Extended Writing (8 marks)

According to the text, what are some of the physical activities people can do with their dog? (par. 4)

In your opinion, what are some responsibilities of dog ownership?

Write 80 – 100 words.

D. Choose the best answer a, b, or c to explain the words in bold according to the text. (3x1=3 marks)

1. ease (par. 1) means

- a. increase
- b. lessen
- c. worsen

2. boost (par. 4) means

- a. damage
- b. reduce
- c. improve

3. compatible (par. 5) means

- a. well-matched
- b. different
- c. unsuitable

PART III: USE OF ENGLISH

(20 MARKS)

A. Complete the second sentence so that it has a similar meaning to the first sentence, using the word given. Do not change the word given.

(5x1=5 marks)

1. I couldn't get to work on time because there was so much traffic.
There was _____, so I couldn't get to work on time. **of**
2. The detective is questioning the suspects at the moment.
The suspects _____ at the moment. **being**
3. Ian can't afford that computer, and he's sad about it.
Ian _____ that computer. **wishes**
4. My car really needs to be repaired soon.
I really _____ repaired soon. **must**
5. My brother is in the annoying habit of leaving his clothes lying around.
My brother _____ his clothes lying around. **always**

B. Fill in the gaps in the following text with the correct form of the words given in capitals. (10x1=10 marks)



The purpose of this website is to increase awareness of how organic vegetable gardening can facilitate learning in schools.



We, at *School Gardening*, believe that with 1. _____ (**ENCOURAGE**) and support, more teachers, parents, and students may become interested in organic, 2. _____ (**SUSTAIN**) gardening as a way of learning a 3. _____ (**VARIOUS**) of subjects and promoting environmental consciousness. In addition, students who garden are more likely to acquire 4. _____ (**APPRECIATE**) for the different fruits and vegetables they grow than students who do not. As children take their new interests and 5. _____ (**KNOW**) home to their families, they can help to inspire whole communities to move towards more healthful eating.

Within this website, you will find ideas for getting started in school gardening, sources of 6. _____ (**FUND**) for garden programs, 7. _____ (**INFORM**) about growing specific plants, and a 8. _____ (**DISCUSS**) page where you can share your questions and answers on specific topics.

Our hope is that teachers will be able to learn from one another and that this program will make school gardening more 9. _____ (**EDUCATION**) and more 10. _____ (**REWARD**) for everyone.

Adapted from: Web3.cas.usf.edu/tbsg/benefitsofschoolgardening.aspx

C. Fill in the gaps in the following text with only ONE word. (10x0.5=5 marks)



The European Child Helpline 116 111

The ***European Child Helpline 116 111*** is a counseling telephone line exclusively for children and adolescents. If you are a child or teenager up to 18 years old, you can call for free from a landline or a mobile phone from **1.** _____ part of Cyprus.

At the ***European Child Helpline 116 111***, you can talk about any of your concerns. For us, **2.** _____ problems are equally important. So, do not hesitate to call if you have worries **3.** _____ your future, face difficulties in your personal relationships, or just feel anxiety **4.** _____ fear. We are always available for whatever you **5.** _____ need. At ***116 111***, behind every call, there is someone **6.** _____ truly cares about your concerns.

With only a **7.** _____, you can have mental health counselors available to you. **8.** _____ you wish, you can contact us anonymously. The counselors will **9.** _____ action only if they feel that **10.** _____ is an urgent need and only after they have discussed the matter with you.
