

**ΥΠΟΥΡΓΕΙΟ ΠΑΙΔΕΙΑΣ ΚΑΙ ΠΟΛΙΤΙΣΜΟΥ ΔΙΕΥΘΥΝΣΗ
ΑΝΩΤΕΡΗΣ ΚΑΙ ΑΝΩΤΑΤΗΣ ΕΚΠΑΙΔΕΥΣΗΣ ΥΠΗΡΕΣΙΑ
ΕΞΕΤΑΣΕΩΝ**

**ΠΑΓΚΥΠΡΙΕΣ ΕΞΕΤΑΣΕΙΣ
2016**

ΜΑΘΗΜΑ: ΑΓΓΛΙΚΑ (52)

4ΩΡΟ Τ.Σ.

ΗΜΕΡΟΜΗΝΙΑ:

2/06/2016

**ΩΡΑ: 8:00 -
11:15**

PART II: WRITING SKILLS

(30 MARKS)

Write about 150-200 words on the topic below.

Your school wants to create a cookbook. Write a recipe to be included in the book.

- Give your recipe a title.
- Write the ingredients.
- Describe the cooking process.



PART III: READING SKILLS

(30 MARKS)

Read the passage below and answer ALL the questions that follow.

Latest Food Trends



There are fashions in food, as with everything else. Today, eating trends are changing fast since we know more about the nutritional value of natural foods. The most **popular** healthy food trends are the following: the Raw Food diet, Juicing, Veganism and the Palaeolithic diet.

Raw Food diet

Many people nowadays go for the Raw Food diet, which is the dietary **practice** of eating only uncooked, unprocessed foods. New raw food recipes are invented with great creativity by daring chefs. Raw food doesn't have to be boring, flavourless or unpleasant anymore. It is becoming more and more popular as cooks experiment with exciting new combinations. As we learn more about this fascinating new cuisine, more people start eating raw foods again. Raw food is the nouvelle *nouvelle cuisine*!

Juicing

Juicing is the process of squeezing juice from plants, fruit or vegetables. It is a wonderful healthy eating trend that has real benefits. Juicing is an **essential** part of any healthy diet because of the fantastic quantities of vitamins, enzymes and other micro-nutrients that it can give us. You can make up the most amazing combinations when you are creative with your juicer recipes. Fresh juices, made with fresh, organic ingredients in a good machine which preserves the nutrients fresh, have health benefits that are good for us, keep us well and fight off diseases.

Veganism

Vegans do not eat animal products or by-products such as eggs, dairy products or honey, and they avoid the use of leather, fur, silk, wool, cosmetics and soaps that **derive** from animals. Many people do not agree with veganism as they believe that vegans are eccentric about their personal food choice. But veganism is no more

extreme than any other diet choice. It offers not only personal but also environmental benefits. If we want to start being responsible eco-citizens of the world, then we could perhaps have a few vegan meals in a week.

Palaeolithic diet

In 2012, the Palaeolithic diet, also called the Paleo diet, was described as being one of the 'latest trends' in diet. It is based mainly on foods that were probably available to Palaeolithic humans. It **includes** vegetables, fruits, nuts, roots and meat while leaving out foods such as dairy products, grains, sugar, salt and alcohol or coffee. Followers of this diet avoid modern processed foods. Like other fashionable diets, the Paleo diet is promoted as a way of improving health.

Adapted from: www.your-healthy-eating-helper.com

A. Write True (T) or False (F).

(5x2=10 marks)

1. Eating trends are changing slowly nowadays.
2. Raw food is not as popular as it used to be.
3. Juicing can be beneficial to our health.
4. Vegans do not eat cheese, butter or yogurt.
5. The Paleo diet includes processed food.

B. Choose the best answer a, b or c according to the passage. (5X3=15 marks)

1. Raw food diet followers eat _____ food.

- a. processed
- b. uncooked
- c. boiled

2. Juices made with _____ ingredients have health benefits.

- a. fresh
- b. frozen
- c. canned

3. Many people _____ veganism.

- a. follow
- b. accept
- c. disagree with

4. Veganism is _____ any other diet choice.

- a. less eccentric than
- b. more common than
- c. as extreme as

5. _____ was probably available to Palaeolithic humans.

- a. Sugar
- b. Coffee
- c. Meat

C. Match the words in Column A (which are underlined in the text) with their meanings in Column B.

There are two extra words/phrases in Column B.

(5x1=5 marks)

| A | B |
|--------------|----------------|
| 1. popular | a. important |
| 2. practice | b. originate |
| 3. essential | c. contains |
| 4. derive | d. fashionable |
| 5. includes | e. concludes |
| | f. habit |
| | g. believe |

PART IV: LANGUAGE USAGE

(20 MARKS)

A. Complete the second sentence so that it has a similar meaning to the first sentence.

(5x1=5 marks)

1. It's a pity we can't cook this pasta.
I wish we _____ this pasta.
2. I don't have minced meat to make "keftedes."
If I had minced meat, I _____ "keftedes."
3. This restaurant serves excellent food.
Excellent food _____ at this restaurant.
4. The receptionist asked the guest, "Do you have your passport, sir?"
The receptionist asked the guest _____ his passport.
5. I'd like to have a bottle of white wine.
Can _____ a bottle of white wine, please?

B. Complete the following passage by choosing ONE of the three words in brackets. (10x1=10 marks)



The Restaurant Experience

The person who serves your food is called a **1. (waiter / porter / manager)**. The person who cooks your food in a cheap restaurant is called a **2. (cook / chef / waitress)**, and, if it is an expensive restaurant, that person is called a **3. (chef / cook / cooker)**. When the food and service is good, people usually leave a **4. (tip / money / card)**.

Most people have **5. (breakfast / lunch / dinner)** as soon as they wake up. Around noon, people have their midday meal or lunch. Dinner is the meal that people eat in the evening. However, sometimes, especially on Sundays, people like to sleep in, so, instead of having breakfast, they have got a meal between breakfast and lunch called **6. (brunch / picnic / supper)**.

At lunch or dinner time, people sometimes order a snack before the meals which is called an/a **7. (aperitif / appetiser / beverage)**. A soup or a **8. (fruit / salad / cake)** is often served alongside the main meal. After dinner, people sometimes treat themselves to **9. (sweets / pasta / pizza)**.

It's nice to eat at a fancy restaurant, but that can be expensive. Sometimes, if you are short of time and money, you might go to a fast-food restaurant because the food is cheaper and faster. Some restaurants have a **10. (bar / buffet / lounge)**, which means you take a plate up to a table loaded with food and you can put as much food as you like on your plate. Other restaurants have a bar where you can get an alcoholic drink while you are waiting for your table. Most restaurants these days have a smoking and a non-smoking section.

Source: www.bogglesworldesl.com

C. Complete the following passage by using the correct form of the words in brackets. (10x0.5=5 marks)

Ice Cream



On a hot summer's day, there's nothing more 1. _____ (PLEASE) than ice cream.

But do you like ice cream in a bowl or do you prefer to eat it on a cone? If you have tried the ice cream cone, then you know you need to eat it 2. _____ (QUICK). If you are too slow, the ice cream starts 3. _____ (MELT) and dripping down the side of the cone. What a mess that makes! Ice cream in a bowl is not as 4. _____ (MESS). You can put chocolate or caramel sauce on top of the ice cream. You can also put fruit like strawberries or mangos on top. Some people like nuts on their ice cream. In fact, you can eat ice cream with anything you like.

Ice cream is 5. _____ (USUAL) made from frozen dairy products like milk and cream. Fruit or other flavours like chocolate or vanilla are sometimes added. As the cream freezes, it needs to be 6. _____ (STIR) slowly. This makes the ice cream smooth and 7. _____ (CREAM). Before people had refrigerators, ice cream was a luxury which took a lot of work and a lot of time to make. Nowadays, grocery stores sell many 8. _____ (DIFFER) flavours of ice cream as there are many to choose from. Most of us have a favourite one. For example, chocolate chip is a popular choice while some people have a 9. _____ (PREFER) for vanilla or strawberry.

All in all, ice cream is a delicious dessert at the end of a meal or a great snack when you're 10. _____ (HUNGER).

Source: http://www.readingest.ca/stories/index_food.html

– END OF EXAMINATION –