

**PANCYPRIAN EXAMS
LISTENING COMPREHENSION
HOTEL & CATERING SCHOOLS (4 periods)**

Breakfast around the world

You are going to listen to Paul and Elizabeth talking about breakfast habits in various countries.

SECTION ONE

Paul: Elizabeth, did you know that people around the world traditionally have different breakfast habits?

Elizabeth: I've heard a few things, but what do you know, Paul?

Paul: Well... The traditional French breakfast is quite light: baguette or farmhouse bread, with jam, butter and sometimes croissants, which the French usually buy at weekends.

Elizabeth: Do they eat lots of croissants? They are fatty you know...

Paul: Only at weekends, as I have already said. Each person usually eats two.

Elizabeth: How do they eat the croissants?

Paul: The French usually eat plain croissants or with jam or dipped in coffee. At weekends, they usually go to the bakery on the corner at seven o'clock in the morning. There they can find freshly made croissants, hot from the oven.

Elizabeth: How about the breakfast habits of children?

Paul: Nowadays, most children eat cereals. Additionally, fruits and yoghurt are now more popular. However, you can't find sausages, eggs or bacon in a French breakfast.

SECTION TWO

Elizabeth: Oh. I find all this information interesting! Do you know anything else about other countries?

Paul: Can you guess what else you can find on the Norwegian breakfast table other than a cup of coffee along with lots of delicious food?

Elizabeth: Oh, no. I can't think of anything...

Paul: Fish, my dear, fish! Yes! Traditionally you can find fish in sauces and marinades - like sardines in tomato sauce, mustard sauce, herbal wine sauces and in oil and spices. Moreover, Norwegians eat fresh tomatoes, sliced cucumbers, red or green peppers, sweet pickles and other strange things for breakfast.

Elizabeth: Amazing! Is this all?

Paul: Oh, no! You will find a number of cream cheeses as well. Some of them are made with shrimp or crab meat and some are made with herbs... The list is endless!

SECTION THREE

Elizabeth: Come on, Paul. Please tell me more. I like the whole idea!

Paul: Well, let's talk about the traditional Cypriot breakfast.

Elizabeth: I hear you had better come hungry to the Cypriot breakfast table.

Paul: True, since traditional Cypriot breakfast includes grilled halloumi, cold meat, olives, tomatoes, cucumber, warm pitta bread, honey or jam and lots of fresh fruit.

Elizabeth: And people certainly drink Greek coffee.

Paul: Yes. If you ask for coffee, you will get a black brew served in tiny cups with no sugar, sketos, a little sugar, metrios, or a lot of sugar, glykis. It is usually served with a glass of cold water.

Elizabeth: Can you find English breakfast as well in Cyprus?

Paul: Well... You can get the "full English breakfast" with spicy sausages, eggs and baked beans. However, it is not traditional at all.